

Sustainable Developmental Goals and Women Empowerment

Mrs. Seema Naik*

*Assistant professor (Botany) Govt. Girls college, Barwani (M.P.) INDIA

Abstract - This article is related with the integration of sustainable developmental goals and women empowerment. Sustainable developmental goals provide the equal opportunity of education and other facility to women for economically and socially development. it is also helpful in the development of the leadership skill in women. in this way, with the empowering of women we can achieve the target of sustainable goals, because women is a centre of home and society so she can play significant role in management of nutrition, clean environment, economy, and peace through her eco friendly activity.

Keywords: Sustainable development, SDGs, Women Empowerment, Opportunity.

Introduction - Sustainable Development goals (SDGs) are adopted by United Nations members in 2015, with the purpose of save earth planet and create a peaceful environment for the overall development of human being. these are 17 Goals which are, SDG 1- No poverty, SDG 2- Zero hunger, SDG 3- Good health and well-being, SDG 4- Quality education, SDG 5- Gender equality, SDG 6- Clean water and sanitation, SDG 7- Affordable and clean energy, SDG 8- Decent work and economic growth, SDG 9- Industry, innovation and infrastructure, SDG 10- Reduced inequalities, SDG 11- Sustainable cities and communities, SDG 12- Responsible consumption and production, SDG 13- Climate action, SDG 14- Life below water, SDG 15- Life on land, SDG 16- Peace, justice, and strong institutions, and SDG 17- Partnerships for the goals. United nation member decide to achieve these goals up to 2030. That's why it is also known as agenda 2030, and the objective is to create the peace and prosperity on the earth with the gender equality.

Success of these agenda is depending on the development of women, because women represent the half population of the world and play the significant role as a workforce in the various field like education, agriculture, industry, cottage industry etc. but they are having less opportunity to make policy or manage the things according to their wisdom and skill. so through the empowering of women we can change the scenario and able to achieve the target of SDGs.

Women empowerment through Sustainable Goals: The core objective of the SDGs is the Social development of the human being along with their economic growth and quality environment. But the main challenge in achieving

the target is the half workforce (women) of the population. Because Women are suffering from malnutrition, home violence, gender indiscrimination, and getting less opportunity of quality education. so they are unable to give their contribution in the sustainable development. Michelle Obama once said, "No country can ever truly flourish if it stifles the potential of its women and deprives itself of the contributions of half of its citizen". So it is necessary to emphasis on the development of the women because women are not only the centre of their family but Society also. That's why SDGs 5 is most important to get gender equality. if women get equal opportunities then she can play significant role to achieve other SDGs. because the gender inequality hinders and obstructs global sustainable development and achievement of SDGs.(Begum Sertyesikisk, 2023). An increasing number of studies indicate that gender inequalities are extracting high economic costs and leading to social inequities and environmental degradation around the world (Candice Stevens, 2010) that's why it is very important to uplift the women and give them quality education without any discrimination. according to SDGs 4. Women should have the equal opportunities to get technical and management and other education as per her choice. Some workshop and educational programme should be organized for the upliftment of women confidence and leadership skill. Investing in girls education give the fruitful social impact. SDGs 3 ensure the medical facility and nutrition availability for good health and well being. Healthy and strong women can contribute in the upliftment of society. having an equal representation of Women will not only be a catalyst for economic growth, but also increase the quality of

innovations in India with inclusion of a diverse perspective in STEM (science, technology, engineering, Math) (Anand. p., 2022).

Role of Women in Achieving the sustainable Goals:

Educated girls will become a stronger part of the workforce and play significant role in economical growth; they are good financial manager so that they can help society from overcome the poverty. In this way they will help to achieve the first SDGs (No poverty). Women are mainly responsible for meal and nutrition in their family, if she is having the proper knowledge of nutrition then she can contribute to end hunger (nutrient deficiency). Rural women give her contribution in agriculture so that they can promote sustainable agriculture and ensure the food security and improved nutrition, and helps to attain the target of SDGs 2. Clean environment and sanitation, affordable and clean energy, and climate change is the most important SDGs 6,7,13. and these targets cannot be achieve without the help of women, because the women are directly involve in the consumption of the energy, sanitation and environment through their household work. training and education motivate them to use affordable, and sustainable modern energy resources as well as environmental awareness initiate them to sustainable use of natural resources, which may be helpful to achieve the said targets. Women are naturally cooperative, innovative, productive and stable work force that's why then can work for achieving the target of SDGs 8, 9, 11, 12 and 17. main cause of the changing environment and degradation are modern developmental processes, to overcome this problem Green economy is

the new concept, in which all the developmental programme should be eco friendly, for an example use of renewable energy source etc. women can enhance these concept through their eco friendly nature and saving the biodiversity with her aesthetic value.

Conclusion: We concluded that the sustainable goals empowering the women and provide the equal opportunity to work for the society and wellness of environment. Through the Women empowerment we can use her confidence and leadership skill, and problem solving approach to achieve the various sustainable goals. That's why for the sustainable development we should emphasis on the Equity and Equality. And provide the equal opportunity to women for the maintenance of peace and prosperous on the earth.

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