

## Religious and Medicinal Importance of some *Ficus* species

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**Abstract** - Nature give us many plants for our survival. Men and plants are always closely associated with each other. This paper deal religious & medicinal importance of *Ficus* species.

**Keyword:** *Ficus* religious medicinal.

**Introduction** - There has been a closed relationship between plants and mankind since the beginning of civilization. In India trees and plant have been considered as god and worshipped. *Ficus* (Linn.) commonly known as a fig. it is the largest genus of Moraceae family. about 850 species of trees shrubs climbers creepers occurring in the tropics and subtropics reason of the world specially in India Malaysia to Australia Africa (Berg and Corner 2005). in India it is represented by 115 taxa, 91 species and 24 intra specific taxa of which 10 are endemic (Choudhary at all 2012 and Sudhakar at all 2012). *Ficus* is keystone in different ecosystem. Fruits are eaten by insect and Birds. *Ficus* is the largest tree its purify the air and give shade also. medicinal properties in their difference parts like root stem Bark. e fruits. latex are used to cure piles, diabetes, Inflammation, Asthma, Blood pressure etc.

Some species of *Ficus glomerata*, *Ficus benghalensis*, *Ficus religiosa* etc. are planted on the Bank of road for shelter and shade. social forestry and green belt planning. its leaves are the main food for various animals specially cows and goats.

beside it. *Ficus* species have religious value also.

### Religious importance of *aFicus* species.

**1. Peepal:-** People has great importance since the beginning of creation. mention of people can we seen in our religious taxts Veda and purans. it is believed that 33 crore God and goddess reude in the peepal. it is also considered to be the form of Jupiter. is believed the lord Vishnu reside into the root of Peepal and God Shiva reside in the trunk of Peepal and God Brahma resides in the front part of the tree.

**2. Banyan tree:-** It is also known as vat briksh. on the occasion of but Savitri amavasya married lady worshipped the Banyan tree for her husband long life.

**3. Gular:-** It is very important tree in Hindus religious taxt.

it is related to Venus planet . it is believed that God Kuber reside in Gular Tree.

**4. Pakad:-** It is believed that it is very auspicious to place it in Uttar Disha.

### medicinal importance of *Ficus* species.

**1. Local name:-**Peepal  
Botanical name:-*Ficus religiosa*  
Description:-it is a perineal tree. height of tree about 30 metre. Useful part:-leaves and fruits. medicinal importance. leaves are useful in the treatment of heart disease joint is fever nose bleeding fruits give relief from constipation.



**2. local name :-**Bargad  
Botanical name:-*Ficus bengalensis*  
Description : The tree reaches a height up to 3 metres. and laterally spread. Aerial prop roots that develop from its branches bark greyish white smooth, leaves alternate arranged large and leathery glossy, green and elliptical. Useful part:-Bark and leaves.



Medicinal importance:—Bark and leaves are useful and posses analgesic and anti-inflammatory properties. Bark are useful in burning.

**3. local name:-**Gular  
Botanical name:-*Ficus glomerata*  
Description :- commonly known as clusterring Indian fig tree are Gular. it is a tall tree, dry season deciduous semi evergreen tree. Useful part:- whole plant



Medicinal importance:- Gular has good antioxidant and anti cancer properties juice of the stem can help in destroying cancer cell.

4. local name :-Anjeer

Botanical name:-*Ficus carica*:-

small deciduous tree

useful part:- leaves and fruit

medicinal importance:-it is great source of Iron, Calcium, Phosphorus and fibre useful in gastric problem, inflammation etc



5 local name:-Pakar

Botanical name *Ficus virens*

Description :-perennial evergreen tree

useful part:-bark and leaves

medicinal importance :-decoction of bark give strength to bones. leaves control diabetes.



**Conclusion:** the *Ficus* species are belong to Moraceae family. Moraceae also known as auspicious family. mostly species have religious values and also have medicinal properties. Hence this reason people protect the tree in conservation the nature. mostly species of *Ficus* relies oxygen in lots of amount and purifier the atmosphere. Therefore it is our moral duty to conserve the *Ficus* species for our survival.

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